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THREE EARLY LEARNING CENTERS IN WALTON COUNTY RECOGNIZED FOR IMPLEMENTING THE LET'S MOVE CHILD CARE 5210 PROGRAM



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Walton County, Fla. — Three Early Learning Centers in Walton County were added to the Let's Move! Child Care (LMCC) map of child care providers who have successfully implemented all five criteria of the LMCC 5210 program. TLC Kids Care, The Preschool at Point Washington, and The Tree House Episcopal Montessori School received certificates for successfully implementing the program. These preschools have also developed an action plan for the upcoming school year.

LMCC is part of First Lady Michelle Obama's Let's Move! Initiative to prevent childhood obesity. The program encourages and supports child care and early education providers to make positive changes in their programs in order to work toward a healthier future for children. LMCC is voluntary and for all types of programs, including family child care homes, Early Head Start and Head Start programs, preschool, tribal programs and faith-based programs.

Children spend many hours in early care and education programs, as well as family child care. Help kids build good habits by ensuring your program is a healthy environment for children to learn. Let's Move! Child Care encourages you to meet these goals: [Nurture Healthy Eaters](#), [Provide Healthy Beverages](#), [Get Kids Moving](#), [Reduce Screen Time](#), [Support Breastfeeding](#).

For more information about the program, contact Greer Creehan, Florida Department of Health in Walton County at 850-892-8015.

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