



Annual Data Update 2018

# Walton County

## Community Health Needs Assessment



*Basin Bayou (Freeport, Florida)*

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**A Healthy Walton Begins Today! Join the Movement!**

# Overview of Process

In 2015, the Florida Department of Health in Walton County (DOH-Walton) and Sacred Heart Health System (SHHS) worked together, in collaboration with other community organizations and agencies, to conduct a community health needs assessment (CHNA) for the approximately 68,000 residents of Walton County, Florida. The CHNA process was led by SHHS and DOH-Walton, with active participation by community organizations and private and public agencies which collectively comprise the Walton Community Health Improvement Partnership (WCHIP). The terms “CHNA” and the “Community Health Assessment” (CHA) are used interchangeably.

The CHNA process included WCHIP meetings, a survey of health and human service organizations, and a community survey distributed both on-line and in paper format. More than 50 people representing more than 30 different community agencies and organizations and the general public participated in various meetings throughout the process. In addition, 253 Walton County residents completed the community survey. Particular focus was placed on obtaining input from vulnerable population groups.

The CHNA was developed using the Mobilization for Action through Planning and Partnership (MAPP) process, which was developed by the National Association of City and County Health Officials (NACCHO). The MAPP process has four elements:

- Forces of Change Assessment
- Local Public Health System Assessment
- Community Health Status Assessment
- Community Themes and Strengths Assessment

In 2016, WCHIP identified three top priority issues through the Community Health Improvement Plan 2016-2019. Through annual updates, the priorities have shifted slightly based on new data and community synergy. In November 2018, WCHIP met to update the last edition of the Community Health Improvement Plan 2016-2019. The final WCHIP priorities include:

- Substance Use and Mental Health
- Healthy Behaviors
- Health Equity

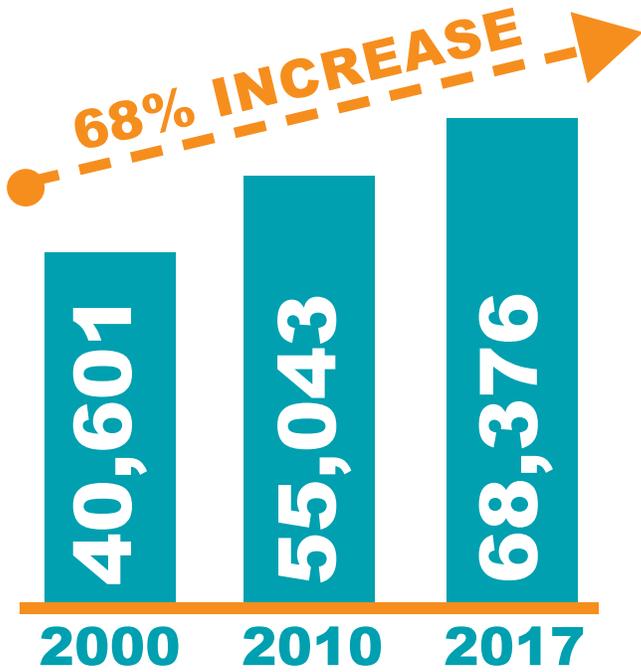
This 2018 Data Update to the Community Health Assessment ensures that the most current data is used by WCHIP when addressing the identified priorities.

This 2018 Data Update will be shared with all community partners via email and also uploaded to the DOH-Walton website, [walton.floridahealth.gov](http://walton.floridahealth.gov). A new comprehensive CHNA will be released Fall 2019.

For more information regarding the process, please review the Walton County Community Needs Assessment 2015.

# Community Profile

## Population, by Number<sup>1</sup>



By 2040, Walton County is projected to have a population of over 100,000.<sup>2</sup>

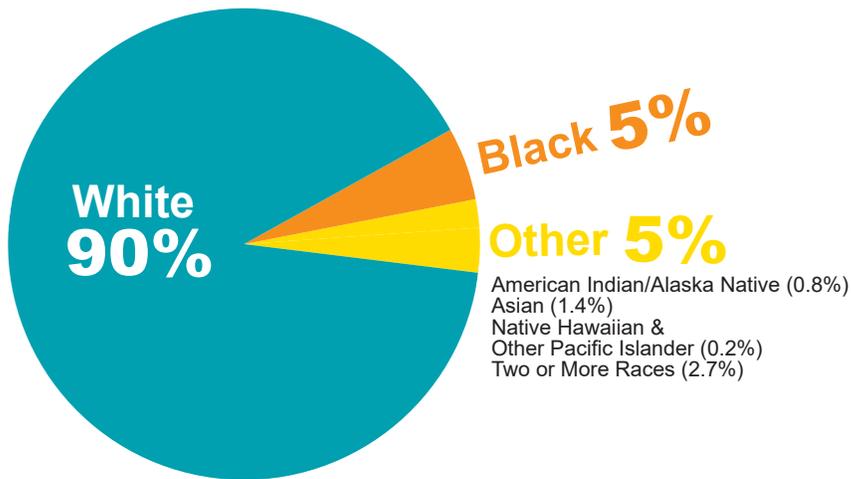
## Population, by Ethnicity<sup>1</sup>



3x

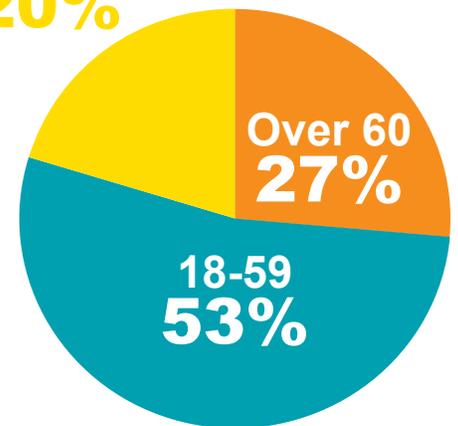
From 2000 to 2017, Walton County's Hispanic population tripled.<sup>1</sup>

## Population, by Race<sup>1</sup>



## Population, by Age<sup>1</sup>

Under 18  
20%



Median Age<sup>3</sup>



**5,905** veterans live in Walton County.<sup>1</sup>

## Median Household Income<sup>3</sup>



### Median Household Income, by Race<sup>4</sup>



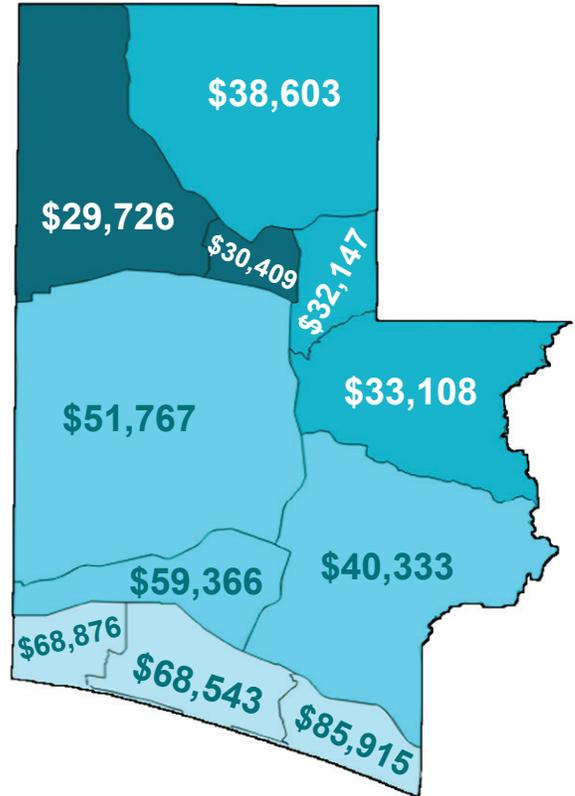
### Median Household Income, by Ethnicity<sup>4</sup>



INCOME DISPARITY

## INCOME DISPARITY

### Median Household Income, by Census Tract<sup>4</sup>



### Median Housing Value<sup>3</sup>



### Median Gross Rent<sup>3</sup>



### Disability Status<sup>3</sup>

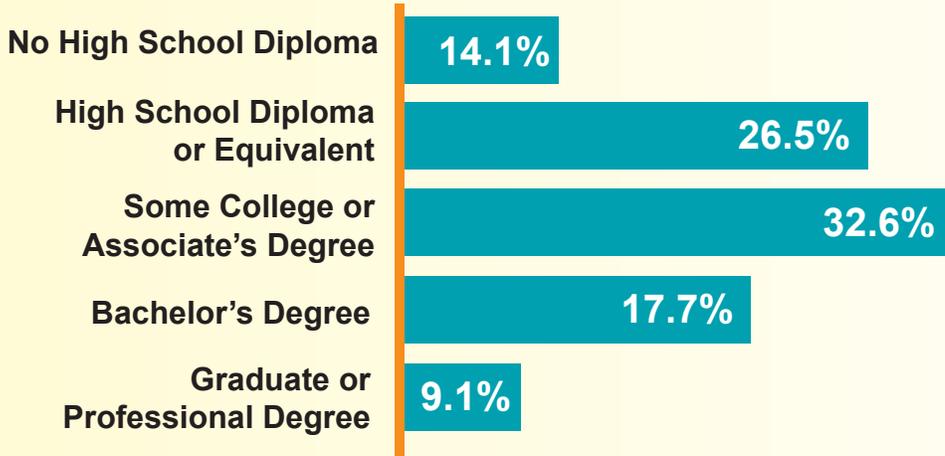


### Children in Poverty (Age 0-18)<sup>3</sup>



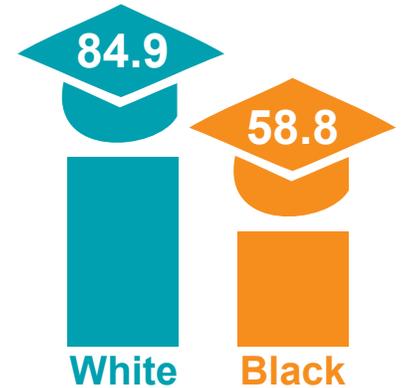
Nearly 1 in 3 kids in Walton County are considered to be living in poverty.<sup>3</sup>

## Education Attainment<sup>3</sup>

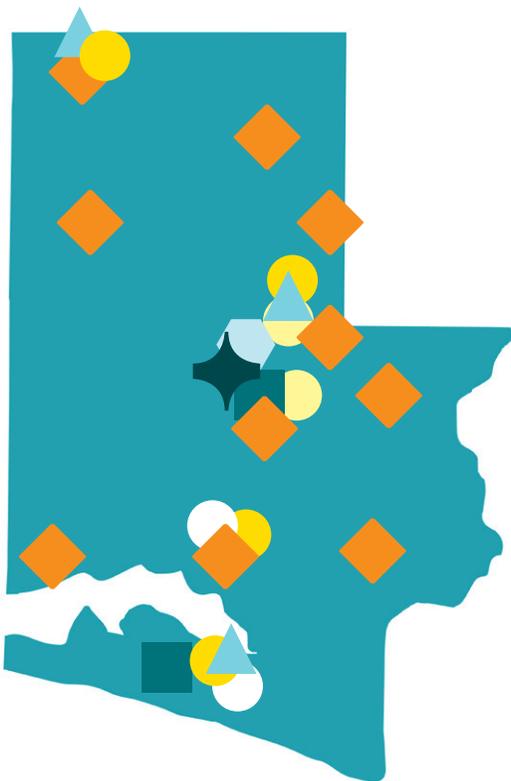


## EDUCATION DISPARITY

High School Graduation Rate, by Race<sup>4</sup>



## Community Health Resources



-  County Health Department
-  Fire Rescue Station
-  Federally Qualified Health Center
-  Community-Based Mental Health Provider
-  Dental School
-  Rural Health Clinic
-  Hospital
-  Free Medical Clinic



There are **1,940** Walton County residents to every primary care physician or family doctor.<sup>5</sup>

*Florida 1,050:1*



There are **2,530** Walton County residents to every dentist.<sup>5</sup>

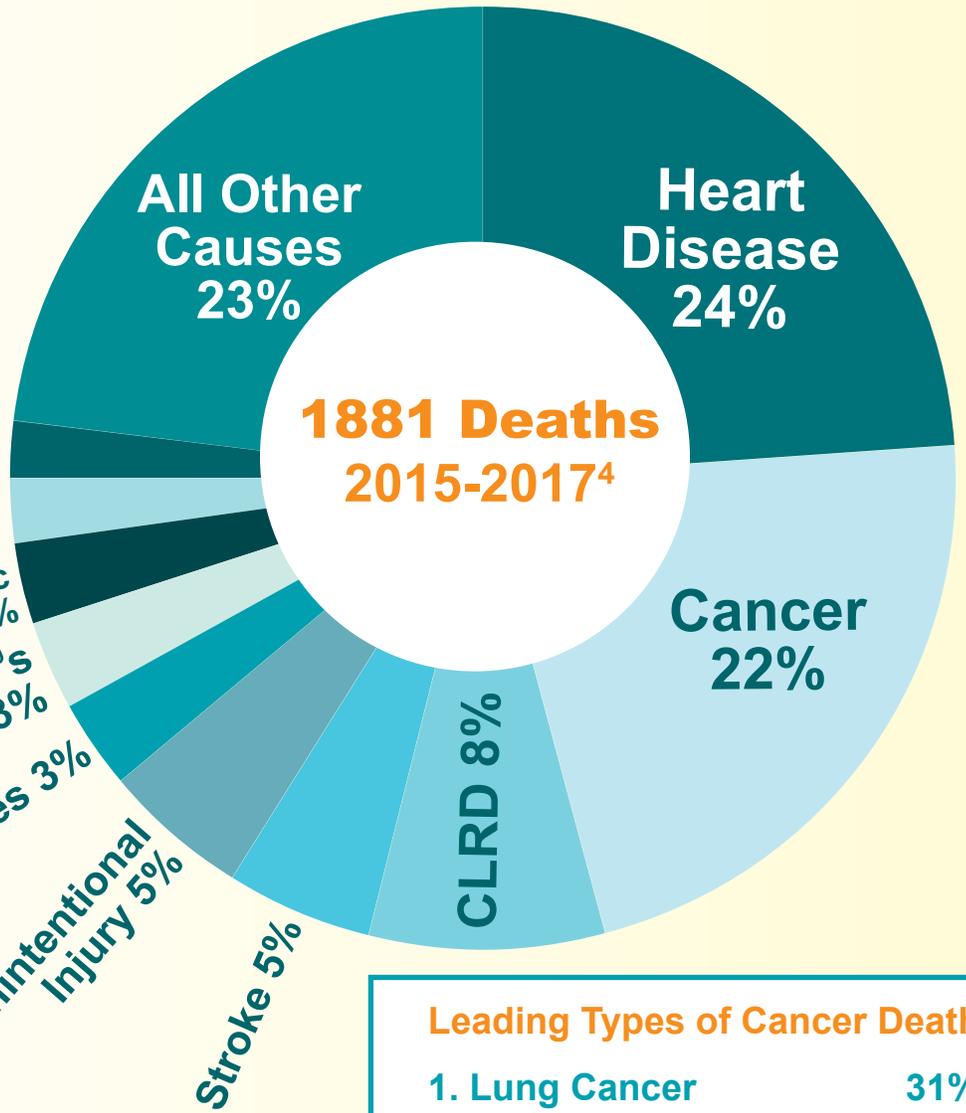
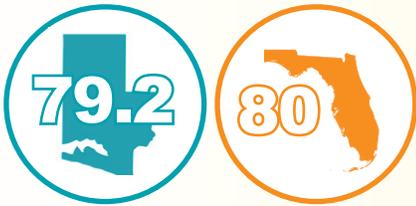
*Florida 1,700:1*

## Uninsured Population<sup>3</sup>



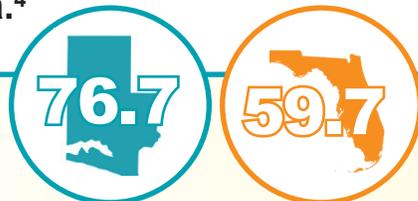
# Leading Causes of Death

## Life Expectancy<sup>3</sup>



**Tobacco use** is a major contributor to deaths from **heart disease, cancer, chronic lower respiratory disease (CLRD), and stroke.**<sup>6</sup>

By rate per 100,000, **Walton County has significantly more deaths due to CLRD compared to Florida.**<sup>4</sup>



## Leading Types of Cancer Deaths<sup>4</sup>

- |                      |     |
|----------------------|-----|
| 1. Lung Cancer       | 31% |
| 2. Colorectal Cancer | 11% |
| 3. Pancreatic Cancer | 7%  |
| 4. Breast Cancer     | 5%  |
| 5. Oral Cancer       | 4%  |
| 6. Bladder Cancer    | 3%  |
| 7. Liver Cancer      | 3%  |
| 8. Prostate Cancer   | 3%  |
| 9. Skin Cancer       | 2%  |
| All Other Cancers    | 31% |

**2/3** From 2015-2017, two-thirds of all cancer deaths were male.<sup>4</sup>

# Substance Use and Mental Health



From 2015-2017, two-thirds of all drug overdose deaths were due to opioids.<sup>4</sup>



## FACT:

Parental drug and alcohol abuse is the number one reason children are removed from their homes.<sup>8</sup>

From 2015-2017, there were 220 non-fatal drug overdose emergency department visits.<sup>4</sup>



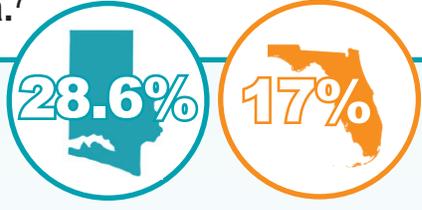
1253

From 2015-2017, law enforcement arrested 1253 adults for the possession or sale of illegal drugs.<sup>4</sup>

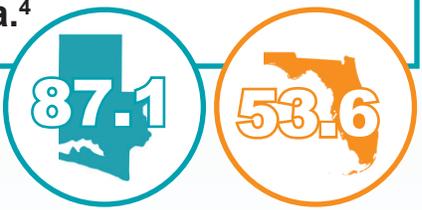
158

From 2015-2017, law enforcement arrested 158 juveniles for the possession or sale of illegal drugs.<sup>4</sup>

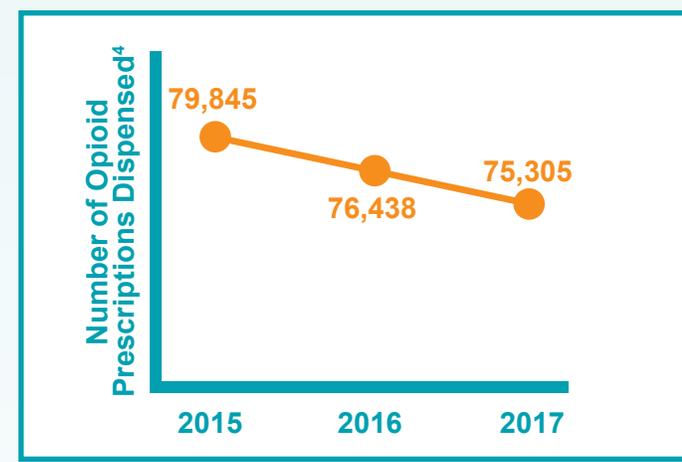
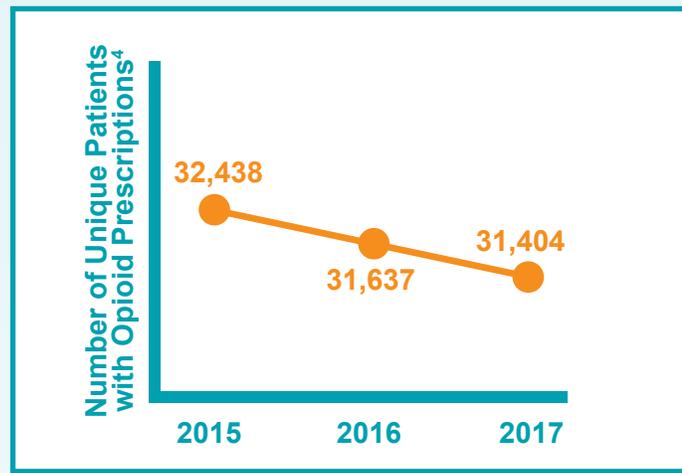
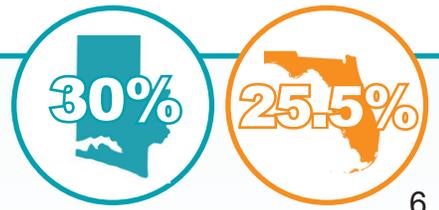
A higher percentage of local high school students have used marijuana in past 30 days compared to Florida.<sup>7</sup>



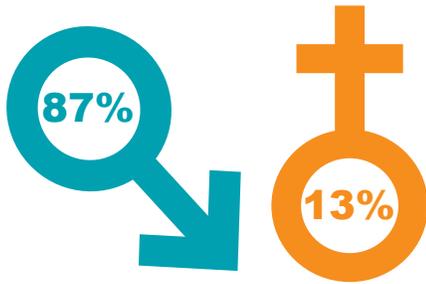
By rate per 100,000, Walton County has significantly more injuries from alcohol-suspected motor vehicle traffic crashes compared to Florida.<sup>4</sup>



A higher percentage of local high school students have used alcohol in the past 30 days compared to Florida.<sup>7</sup>



## HEALTH DISPARITY



Out of the 38 suicides from 2015-2017, **87% were male.**<sup>4</sup>

Of those who died by suicide, **100% were White.**<sup>4</sup>

## FACT:



In Florida, mental illness is the number one disabling condition that leads to homelessness.<sup>9</sup>



There are **1,520** Walton County residents to every mental health provider.<sup>5</sup>

*Florida 670:1*

There are **62 behavioral or mental health professionals** in Walton County.<sup>4</sup>

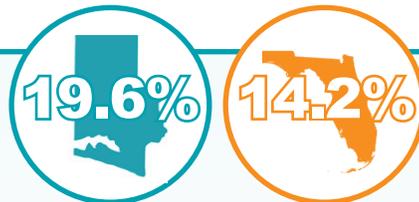
The estimated number of **seriously mentally ill adults** has increased from **1,643** (2012) to **1,944** (2018).<sup>4</sup>

## INCREASE

## INCREASE

The estimated number of **emotionally disturbed youth** (age 9-17) has increased from **500** (2011) to **588** (2018).<sup>4</sup>

A higher percentage of adults in Walton County have been told they had a depressive disorder compared to Florida.<sup>10</sup>



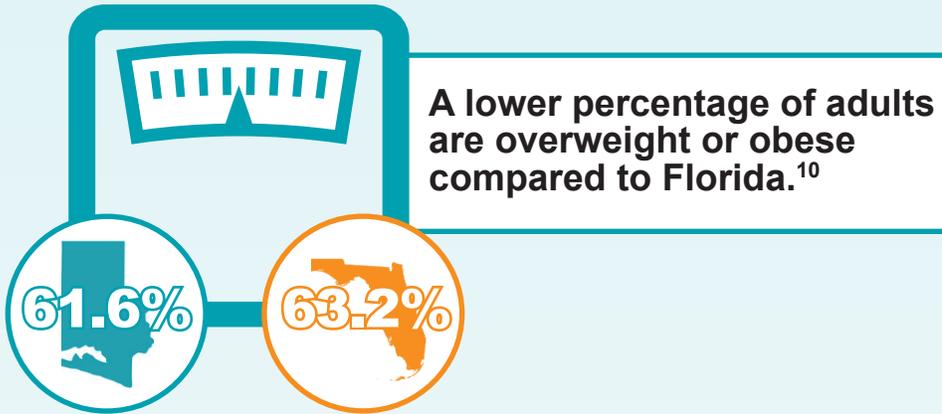
**88.7%** of adults indicate they have "good" mental health.<sup>10</sup>

## HEALTH DISPARITY

Individuals that do not have a high school diploma or equivalent are **twice as likely** to have been told they had a depressive disorder compared to those individuals with more than a high school diploma.<sup>10</sup>



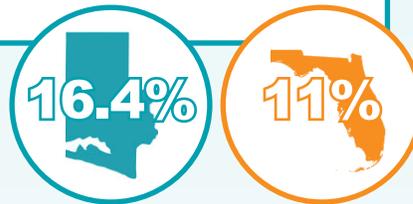
# Healthy Behaviors



1 out of 3 kids are now considered overweight or obese.<sup>7</sup>

## HEALTH DISPARITY

A higher percentage of adult females have been told that they had diabetes compared to Florida.<sup>4</sup>

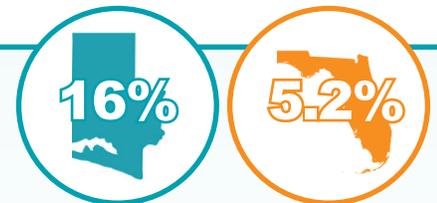


28.2 minutes is the average commute time to work.<sup>4</sup>



56% of adults are inactive or insufficiently active.<sup>10</sup>

From 2015-2017, significantly more live births occurred to mothers that smoked during pregnancy than Florida.<sup>4</sup>



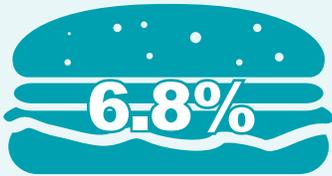
## HEALTH DISPARITY

More adult men are current smokers compared to adult women.





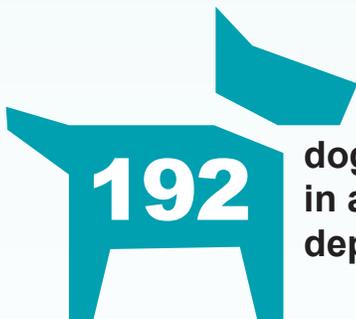
of residents live within a 1/2 mile of a healthy food source, compared to Florida with 30.9%.<sup>4</sup>



of residents live within a 1/2 mile of a fast food restaurant, compared to Florida with 43.2%.<sup>4</sup>



of residents live within a 1/2 mile of a park, compared to Florida with 43.2%.<sup>4</sup>



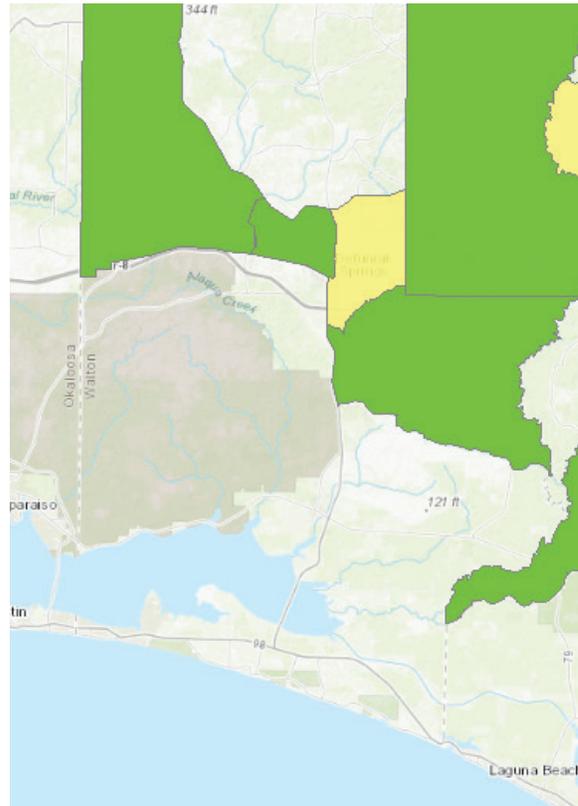
dog bites resulting in an emergency department visit.<sup>12</sup>



wild animals tested positive for rabies from 2016-2018.<sup>13</sup>

# HEALTH DISPARITY

## Median Household Income, by Census Tract<sup>11</sup>



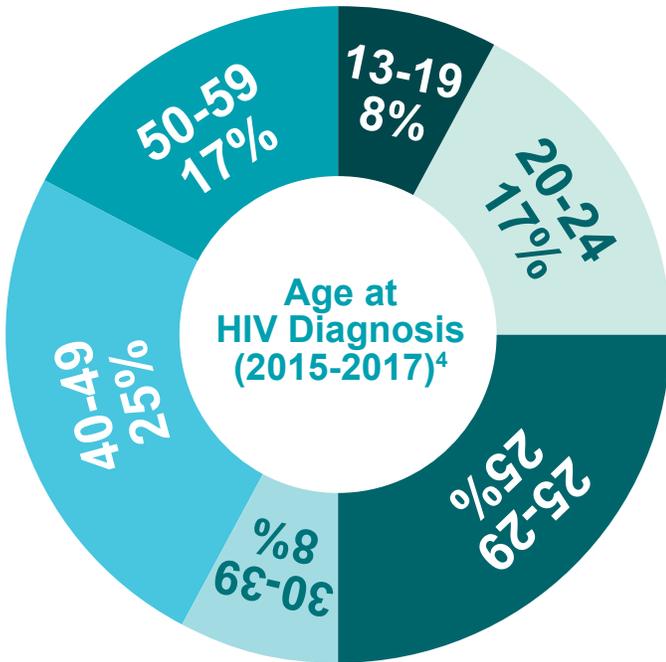
Low-income census tracts where a significant number or share of residents is more than 1-mile (urban) or 10 miles (rural) from the nearest supermarket.

Low-income census tract where more than 100 housing units do not have a vehicle and are more than 1/2 mile from the nearest supermarket, or a significant number or share of residents are more than 20 miles from the nearest supermarket.

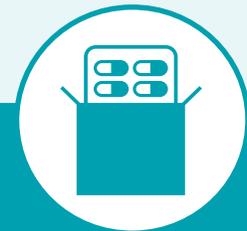
Residents living in Mossy Head, Paxton, New Harmony, Ponce de Leon, Red Bay, Argyle, Eucleeanna, and parts of DeFuniak Springs are considered “food deserts” due to their limited access to healthy foods.<sup>11</sup>

# Health Equity

## HIV & AIDS



**96**  
residents are living with HIV.<sup>4</sup>

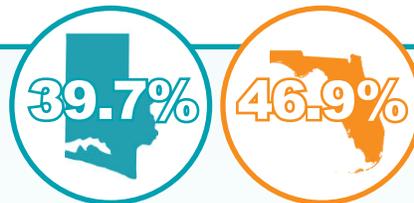


### FACT:

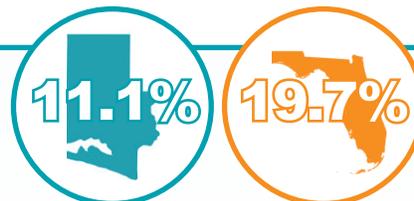
For people at very high risk for HIV, taking daily HIV medicine called pre-exposure prophylaxis or PrEP can prevent HIV infection by more than 90%.<sup>14</sup>

Approximately 40% of new HIV infections are transmitted by people who are living with undiagnosed HIV.<sup>4</sup>

A lower percentage of adults have ever been tested for HIV compared to Florida.<sup>10</sup>



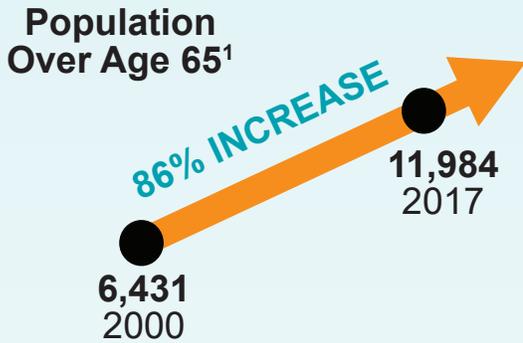
A lower percentage of adults under the age of 65 have received a HIV test in the past 12 months compared to Florida.<sup>10</sup>



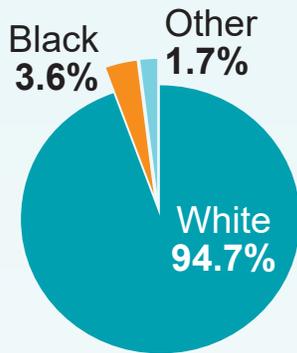
### FACT:

It is recommended that everyone between the ages of 13 and 64 get tested for HIV at least once as part of routine health care.<sup>14</sup>

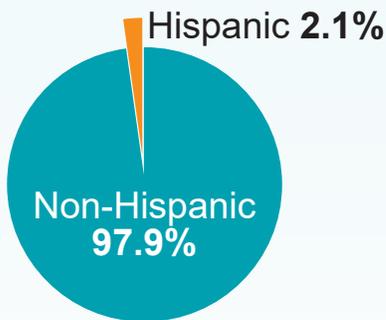
# Healthy Aging



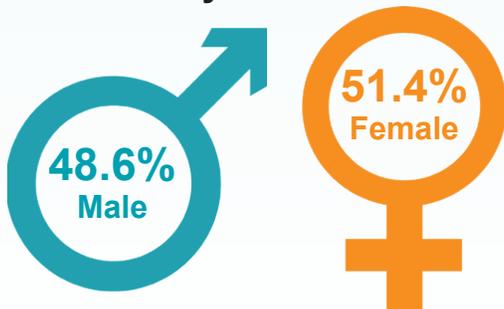
Population Over Age 60, by Race<sup>2</sup>



Population Over Age 60, by Ethnicity<sup>2</sup>



Population Over Age 60, by Sex<sup>2</sup>

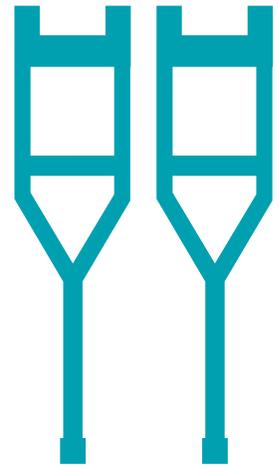


# HEALTH DISPARITY



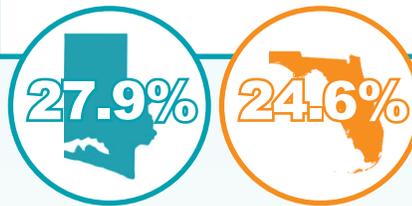
From 2015-2017, 16 individuals over age 55 died from a fall-related injury, making falls the #1 fatal injury for this age group.<sup>15</sup>

Falls are also the #1 non-fatal injury resulting in hospitalization for individuals over age 55.<sup>15</sup>



From 2013-2015, there were over 350 individuals over age 55 had a hospitalization due to a non-fatal fall.<sup>15</sup>

A higher percentage of individuals above age 65 live alone compared to Florida.<sup>4</sup>



Marital Status of Individuals Age 65+, by Rate<sup>3</sup>

	Walton	Florida
Now Married	59.1	55.8
Widowed	22.2	24.2
Divorced	13.6	14.2
Separated	1.3	1.4

3,331 veterans age 65+<sup>16</sup>

# Community Partners

## Steering Committee

**Kathryn Barley**, Nursing Director  
Florida Department of Health in Walton County

**Kay Brady**, Director  
Walton Okaloosa Council on Aging

**Jill Breslawski**, Extension Agent  
UF/IFAS Extension Office - Walton County

**Bryan Callahan**, Director of Prevention Services  
Chautauqua Healthcare Services  
Walton County Prevention Coalition

**Brandi Gill**, Community Planner  
Florida Department of Health in Walton County

**Holly Holt**, Health Officer & Administrator  
Florida Department of Health in Walton County

**Monty Lollie**, Deputy  
Walton County Sheriff's Office

**Ryan Mims**, Government Operations Consultant II  
Florida Department of Health in Walton County

**Tina Odom**, Director of Quality Improvement  
Chautauqua Healthcare Services

**Cheryl Stacy**, Pediatric Navigator  
Sacred Heart Hospital on the Emerald Coast

## WCHIP Partners

BeGenerous  
Big Bend Community Based Care  
Boys & Girls Clubs of the Emerald Coast  
Caring and Sharing of South Walton  
Catholic Charities of Northwest Florida  
Chautauqua Healthcare Services, Inc.  
Chautauqua Rehabilitation and Nursing Center  
City of DeFuniak Springs  
Early Learning Coalition of the Emerald Coast  
Emerald Coast Children's Advocacy Center  
Florida Department of Children and Families  
Florida Department of Health in Okaloosa County  
Florida Department of Health in Walton County  
Healthy Start of Okaloosa and Walton Counties  
Homelessness and Housing Alliance  
Hope Medical Clinic  
Lighthouse Health Plan  
Northwest Florida Area Agency on Aging  
OASIS Florida  
Pancare of Florida

Sacred Heart on the Emerald Coast  
Shelter House of Northwest Florida  
SoWal Community Chaplain  
UF/IFAS Extension Office - Walton County  
United Way of Okaloosa and Walton Counties  
Walton County Board of County Commissioners  
Walton Community Health Center  
Walton County Habitat for Humanity  
Walton County Prevention Coalition  
Walton County School District  
Walton County Sheriff's Office  
Walton County Tax Collector  
Walton Okaloosa Council on Aging  
West Florida Area Health Education Center

# Data Sources

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*Seaside, Florida*



**Florida**  
**HEALTH**

Walton County

[walton.floridahealth.gov](http://walton.floridahealth.gov)

